

A Ī K I D O MŌCHIZUKI

Katori Shinto Ryu

Iaito

Kusanagi-no-ken
Nukitsuke-no-ken
Nukiuchi-no-ken
Uken
Saken
Happō-ken

Yuki-ai Gyaku-nuki-no-tachi
Zengō Chidori-no-tachi
Yuki-ai Migi Chidori-no-tachi
Gyaku Nuki-no-tachi
Nuki-uchi-no-tachi

Bokken

Itsutsu-no-tachi
Nanatsu-no-tachi
Kasumi-no-tachi
akka-no-tachi

Bo

Seri-ai-no-bō
Sune-hishigi-no-bō
Sayū-no-bō
Kasa-hazushi-no-bō
Hane-tsurube-no-bō
Tate-nami-no-bō