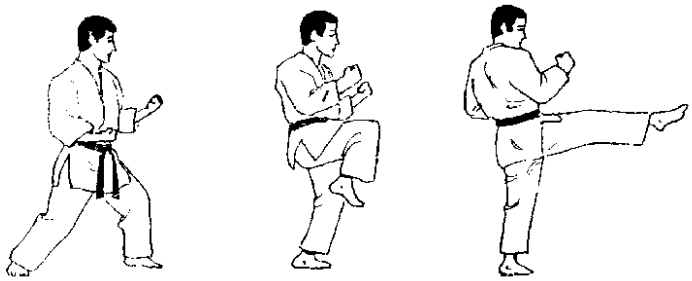
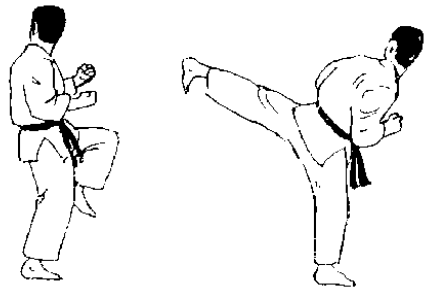
AÏKIDO MOCHIZUKI

Geri Yon Ho

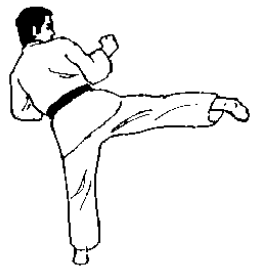
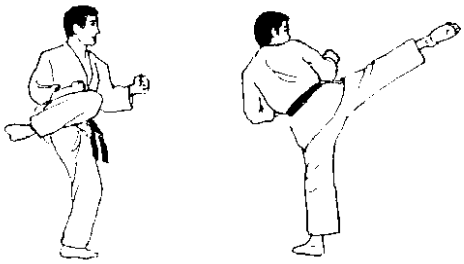
Mae Geri



Ushiro Geri



Yoko Geri



Mawashi Geri